

Tacos

Ingredients:

8 taco shells
1 lb. hamburger
3/4 c. water
1 med. onion, chopped (about 1/2 c.)
2 tbsp. chili powder
1 tsp. salt
1/2 tsp. ground cumin
1 clove garlic, crushed
1 c. lettuce, shredded
1 med. onion, chopped (about 1/2 c.)
1 c. shredded Cheddar cheese (about 4 oz.)
1 lg. tomato, chopped (about 1 c.)
1/2 c. dairy sour cream

Preparation:

Cook and stir hamburger in 10-inch skillet until light brown; drain.
Stir in water, 1/2 cup onion, chili powder, salt, cumin and garlic.
Heat to boiling; reduce heat.
Simmer uncovered, stirring occasionally, until thickened, about 10 minutes.
Spoon about 1/4 cup hamburger mixture into each shell.
Top with shredded lettuce, chopped onion, shredded cheese, chopped tomato and sour cream.

Makes 8 tacos